

Occupational Health Public Talk May 2024

The Occupational Health Service, Labour Department, organises occupational health public talks in each month to enhance employers and employees on the awareness of occupational health. All the occupational health public talks are conducted in Cantonese. Admission is free but pre-registration is required. Participants who have full attendance will be issued an 'attendance certificate'.

Online registration: www.oshsreg.gov.hk/en

Enquiry: 2852 4040

Enquiry : 2852 4040				
Health Talk (1)		Health Talk (2)		
Topic:	Prevention of Heat Stroke at Work in a	Topic:	Prevention of Heat Stroke at Work in a	
	Hot Environment and Heat Stress Risk		Hot Environment and Heat Stress Risk	
	Assessment		Assessment	
Content:	Designed for workers in hot environments	Content:	Designed for workers in hot environments to	
	to enhance their awareness of heat stroke		enhance their awareness of heat stroke	
	prevention, covers symptoms of heat-		prevention, covers symptoms of heat-related	
	related illnesses, its first aid, preventive		illnesses, its first aid, preventive measures	
	measures and risk assessment.		and risk assessment.	
Date:	8.5.2024 (Wednesday)	Date:	14.5.2024 (Tuesday)	
Time:	3:30 pm to 5 pm	Time:	3:30 pm to 5 pm	
Venue:	Lecture Hall, Hong Kong Science Museum	Venue:	Lecture Theatre, Hong Kong Central Library	
	2 Science Museum Road,		66 Causeway Road,	
	Tsim Sha Tsui East, Kowloon		Causeway Bay, Hong Kong	
	(MTR Tsim Sha Tsui Station Exit B2)		(Opposite to Victoria Park /	
Speaker:	Occupational Hygienist		MTR Tin Hau Station Exit B)	
	Occupational Health Nurse	Speaker:	Occupational Hygienist	
			Occupational Health Nurse	
Health Talk (3)		Health Talk (4)		
Topic:	Work and Common Gastrointestinal	Topic:	Manual Handling Operations and	
	Diseases		Prevention of Back Injuries	
Content:	Introduces some common gastrointestinal	Content:	Introduces the structure and functions of the	
	diseases, their causes, symptoms and		back, causes and preventive measures of back	
	treatments. In addition, it will highlight the		injuries, and proper manual handling	
	mutual influence of work and common		operation. Demonstrations and practice of	
	gastrointestinal diseases, and preventive		workplace exercises will be included.	
	measures to promote employees'	Date:	28.5.2024 (Tuesday)	
	occupational health.	Time:	6:30 pm to 8 pm	
Date:	27.5.2024 (Monday)	Venue:	Lecture Theatre, Hong Kong Central Library	
Time:	3:30 pm to 5 pm		66 Causeway Road,	
Venue:	Lecture Hall, Hong Kong Science Museum		Causeway Bay, Hong Kong	
	2 Science Museum Road,		(Opposite to Victoria Park /	
	Tsim Sha Tsui East, Kowloon		MTR Tin Hau Station Exit B)	
	(MTR Tsim Sha Tsui Station Exit B2)	Speaker:	Occupational Hygienist	
Speaker:	Occupational Health Nurse	-	Occupational Health Nurse	
Speaker.	o companional freath france		o companional frontin fronts	



Occupational Health Public Talk June 2024

The Occupational Health Service, Labour Department, organises occupational health public talks in each month to enhance employers and employees on the awareness of occupational health. All the occupational health public talks are conducted in Cantonese. Admission is free but pre-registration is required. Participants who have full attendance will be issued an 'attendance certificate'.

Online registration: www.oshsreg.gov.hk/en

Enquiry : 2852 4040				
Health Talk (1)		Health Talk (2)		
Topic:	Prevention of Heat Stroke at Work in a	Topic:	Prevention of Lower Limb Disorders and	
	Hot Environment and Heat Stress Risk		Guidance Notes on Standing at Work	
	Assessment	Content:	Introduces symptoms, treatment and	
Content:	Designed for workers in hot environments		preventive measures of some common lower	
	to enhance their awareness of heat stroke		limb disorders. Demonstration and practice	
	prevention, covers symptoms of heat-		of workplace exercise and a briefing on the	
	related illnesses, its first aid, preventive		Labour Department's "Guidance Notes on	
	measures and risk assessment.		Standing at Work and Service Counter	
Date:	3.6.2024 (Monday)		Design" will be included.	
Time:	3:30 pm to 5 pm	Date:	11.6.2024 (Tuesday)	
Venue:	Lecture Hall, Hong Kong Space Museum	Time:	6:45 pm to 8:15 pm	
	10 Salisbury Road,	Venue:	Lecture Theatre, Hong Kong Central Library	
	Tsim Sha Tsui, Kowloon		66 Causeway Road,	
	(MTR Tsim Sha Tsui Station Exit E)		Causeway Bay, Hong Kong	
Speaker:	Occupational Hygienist		(Opposite to Victoria Park /	
	Occupational Health Nurse		MTR Tin Hau Station Exit B)	
		Speaker:	Occupational Hygienist	
			Occupational Health Nurse	
	Health Talk (3)		Health Talk (4)	
Topic:	Occupational Safety and Health for	Topic:	First Aid in the Workplace	
	Confined Space Workers	Content:	Introduces basic knowledge of first aid and	
Content:	To enhance workers' OSH awareness in		explain how to assist and handle injured	
	confined spaces, the talk will explain the		employees in workplace accidents through	
	related OSH hazards as well as their		case illustrations.	
	preventive measures.	Date:	24.6.2024 (Monday)	
Date:	14.6.2024 (Friday)	Time:	3:30 pm to 5 pm	
Time:	3:30 pm to 5 pm	Venue:	Lecture Theatre, Hong Kong Central Library	
Venue:	Lecture Hall, Hong Kong Space Museum,		66 Causeway Road,	
	10 Salisbury Road,		Causeway Bay, Hong Kong	
	Tsim Sha Tsui, Kowloon		(Opposite to Victoria Park /	
	(MTR Tsim Sha Tsui Station Exit E)		MTR Tin Hau Station Exit B)	
Speaker:	Occupational Hygienist	Speaker:	Occupational Health Nurse	
	Occupational Safety Officer			
	Occupational Health Nurse			



Occupational Health Public Talk July 2024

The Occupational Health Service, Labour Department, organises occupational health public talks in each month to enhance employers and employees on the awareness of occupational health. All the occupational health public talks are conducted in Cantonese. Admission is free but pre-registration is required. Participants who have full attendance will be issued an 'attendance certificate'.

Online registration: www.oshsreg.gov.hk/en

Enquiry: 2852 4040

Health Talk (1)		Health Talk (2)		
Topic:	Residential Care Home Workers -	Topic:	Occupational Stress	
	Infection Control in the Workplace	Content:	Introduces the symptoms and health impact	
Content:	Explains how micro-organisms may enter		of occupational stress, and explains the	
	into human body and their effects on health.		stress-coping strategies through case	
	The concept of infection control in		illustrations.	
	Residential Care Home is also explained.	Date:	15.7.2024 (Monday)	
Date:	9.7.2024 (Tuesday)	Time:	3:30 pm to 5 pm	
Time:	3:30 pm to 4:45 pm	Venue:	Lecture Hall, Hong Kong Science Museum	
Venue:	Lecture Theatre, Hong Kong Central Library		2 Science Museum Road,	
	66 Causeway Road,		Tsim Sha Tsui East, Kowloon	
	Causeway Bay, Hong Kong		(MTR Tsim Sha Tsui Station Exit B2)	
	(Opposite to Victoria Park /	Speaker:	Occupational Health Nurse	
	MTR Tin Hau Station Exit B)			
Speaker:	Occupational Health Nurse			
Health Talk (3)		Health Talk (4)		
Topic:	Occupational Safety and Health for	Topic:	Prevention of Heat Stroke at Work in a	
	Confined Space Workers		Hot Environment and Heat Stress Risk	
Content:	To enhance workers' OSH awareness in		Assessment	
	confined spaces, the talk will explain the	Content:	Designed for workers in hot environments to	
	related OSH hazards as well as their		enhance their awareness of heat stroke	
	preventive measures.		prevention, covers symptoms of heat-related	
Date:	22.7.2024 (Monday)		illnesses, its first aid, preventive measures	
Time:	6:30 pm to 8 pm		and risk assessment.	
Venue:	Lecture Theatre, Hong Kong Central Library	Date:	29.7.2024 (Monday)	
	66 Causeway Road,	Time:	3:30 pm to 5 pm	
	Causeway Bay, Hong Kong	Venue:	Lecture Hall, Hong Kong Science Museum	
	Causeway Day, Hong Kong			
	(Opposite to Victoria Park /		2 Science Museum Road,	
	, , , ,		2 Science Museum Road, Tsim Sha Tsui East, Kowloon	
Speaker:	(Opposite to Victoria Park /		•	
Speaker:	(Opposite to Victoria Park / MTR Tin Hau Station Exit B)	Speaker:	Tsim Sha Tsui East, Kowloon (MTR Tsim Sha Tsui Station Exit B2)	
Speaker:	(Opposite to Victoria Park / MTR Tin Hau Station Exit B) Occupational Hygienist	Speaker:	Tsim Sha Tsui East, Kowloon (MTR Tsim Sha Tsui Station Exit B2)	